

MONT-TREMBLANT REGION INFORMATION

Mont-Tremblant Area Skiing

Tremblant itself is the highest peak in the Laurentian mountains, receives over 380 cm of natural snow per year and has 95 trails on three sides of the mountain, with a total ski area in excess of 600 acres . Tremblant has one of the best regarded ski schools in the world so you can arrive a novice and leave an expert (well nearly!). It is no wonder that Tremblant has been voted the best ski resort in Eastern North America the last 16 years in a row by ski magazine. For those who want something a little less daunting, there is Mont Blanc (www.skimontblanc.com), the Tremblant region's favourite family skiing. It may be a little lower, but so are its prices and with a vertical of over 1000 feet while, it is the perfect mountain for beginners, there is also plenty to challenge the more accomplished skier meaning that there is more than enough to keep the whole family entertained. Further afield, but still only a short drive away, are smaller traditional hills like Vallee Bleue, Belle Neige and many more. If night skiing is your thing, the hills of the Saint Saveur valley offer hundreds of floodlit trails, making for an unforgettable experience.

Dogsledding and Sleigh Rides

The romantic way to travel. Explore the Mont Tremblant area's forests either as a passenger or a driver of your two person sled. The Mont Tremblant region has many excellent operators so whether you just want a quick mush or a full on expedition, you will be able to find the perfect excursion for you. Alternatively, sit back, relax and cosy up under blankets in a horse-drawn sleigh.

Snowmobiling

The first snowmobile was invented in Quebec by Bombardier and it remains an important part of Quebec life. The trail network covers over 30,000 kms (you don't have to travel all of it!) and is among the most extensive in the world. The Mont Tremblant region has a number of fine operators who will take care of you whether you want a quick thrill or a multi-day adventure.

Snow Tubing

An upgrade from the humble toboggan, snow tubing is fun for all the family. Perfect for a day trip or an evening out, rope lifts will pull you to the top (no more tramping up hills pulling sleds and kids!) and then just let gravity do the rest. Of course, if tobogganing is your thing, you are in the mountains so you won't have to spend long looking for a hill!

Cross-Country Skiing

The whole of the Mont Tremblant region is covered with cross-country trails. The Petit Train du Nord which used to be the main trainline between Montreal and Mont Tremblant has been converted to a multi-activity trail with biking in the summer and cross-country skiing in the winter. Mont Tremblant National Park is another great option with hundreds of kilometres of trails and Domaine St Bernard is a favourite destination for many. These are just some of the multitude of options you will have in the Mont Tremblant region if you prefer your skiing Nordic style.

Snowshoeing

Cross-country skiing is great exercise and is easy to learn, but it does take a little expertise. If you just want to hit the trails and explore the beauty of the Mont Tremblant area, there's no easier way than strapping on a pair of snowshoes. Snowshoes can also take you places that cross-country skis can't – think back country skiing so you can find your own part of Mont Tremblant and soak in the peace and quiet.

Nordic Spas

The Mont Tremblant region is home to one of the highest concentrations of Nordic spas in the world. First brought to the Mont Tremblant region by the Spa Scandinave (Nordic Spas have flourished and are major draw for many visitors to the Mont Tremblant region. Stimulate and cleanse your body and mind with a cycle of hot baths and invigorating cold plunges, then melt away with a relaxing massage while sucking in the pure mountain air. It's the perfect reward for a day's skiing, snowshoeing (or just shopping!).

Golf

The Laurentians positively teems with golf! Tremblant itself is home to two championship courses – Le Diable and Le Geant. Other championship quality courses include La Belle, La Bete and Royal Laurentian as well as the Freddie Couples designed course, Le Maitre. For the beginner, there are gentler 9 hole and executive courses and most courses have driving ranges for you to tune up your game.

Biking

The Petit Train du Nord follows the track of the old railway line and offers over 230 km of trails alongside and through beautiful lakes rivers and mountains. It is the longest linear park in Canada and is one of the Mont Tremblant region's most popular attractions. Bring your own bike or use a rental – there are even companies that will come and pick you up so that you only have to cycle in one direction!

National Parks

The Mont Tremblant region is in the centre of three huge National Parks and Reserves. Mont Tremblant National Park covers over 1500 square kilometres and was the first of its kind in Quebec. The Reserve Faunique de Papineau-Labelle is even bigger at over 1600 square kilometres and even the smallest of the three, the Reserve Faunique de Papineau-Labelle is pretty impressive at just shy of 1400 square kilometres! All three offer beautiful walks, stunning views and thousands of lakes and rivers for swimming, fishing or just relaxing! Wherever you go in the Mont Tremblant region, nature is not far away.

Lakes and Rivers

Sitting on the hard granite of the Canadian Shield, the Mont Tremblant area is home to thousands of lakes and rivers. You can explore them like the original settlers in kayaks or canoes, go for a leisurely swim or pack a rod and fish for walleye, bass, trout and many more. On Lac Tremblant, motor boats are permitted and there are operators to take you water-skiing or tubing.

Mont Tremblant Casino

A new addition to the Mont Tremblant scene, the Casino de Mont Tremblant is a sophisticated entertainment experience located in the heart of the Versant Soleil, Tremblant's newest village. Try your luck at the craps table, spin the roulette wheel, hit the blackjack tables or just relax and have a drink or something to eat at the fabulous Altitude bar and restaurant.